

Tincture Guide

Benefits	John Charles	Usnea	Sida	St Andrews Cross	Stone Breaker
Pain	✓		✓	✓	✓
Anti-inflammatory	✓		✓	✓	✓
Bronchitis	✓	✓	✓		
Respiratory Infections	✓	✓			
Strep Throat	✓	✓			
Pneumonia	✓	✓			
Cold Sores	✓	✓			
Headache			✓		
Tonsillitis	✓				
Digestive Support	✓		✓		✓
Irritable Bowel Syndrome			✓		
Diarrhea			✓	✓	
Colic, stomach infection	✓	✓	✓	✓	
Laxative					✓
Fever	✓		✓	✓	✓
Antibiotic	✓	✓	✓		
Anti-bacterial	✓	✓			✓
Antimicrobial	✓	✓			
Virucidal	✓	✓		✓	✓
Anti-fungal	✓	✓			
Immune Support	✓	✓			✓
Antioxidant	✓		✓		
Cancer Support & Preventative	✓	✓		✓	
Skin Cancer	✓			✓	
Anti-Leukemic	✓			✓	
Anti-Melanomic	✓			✓	
Anti-Sarcomic	✓			✓	
Anti-Tumor	✓	✓		✓	
Prevents Mutation	✓			✓	✓
Cardiac support	✓				✓
Lowers Blood Pressure					✓
Lowers Cholesterol					✓
Circulatory Support			✓		
Blood Sugar reduction			✓		✓
Depression			✓		
Increased Energy			✓		
Kidney, Bladder & Urinary		✓		✓	✓

Tincture Guide

Benefits	John Charles	Usnea	Sida	St Andrews Cross	Stone Breaker
Kidney Stones				☑	☑
Urinary Tract Infections		☑		☑	
Respiratory Support	☑	☑	☑		
Asthma	☑				
Liver protection	☑		☑		☑
Astringent	☑		☑	☑	
Gynecological Support	☑		☑		
Measles	☑				
HIV	☑	☑		☑	☑
HPV (Herpes)	☑	☑		☑	☑
Dries Mucous	☑				
Kills Insects, Larvae, Ticks & Mites	☑				
Expels worms					☑
Purgative	☑				
Rheumatism			☑		
Joint Pain	☑		☑		
Reproductive Support	☑		☑		
Infertility			☑		
Aphrodisiac			☑		
Erectile Dysfunction			☑		
Narcolepsy			☑		
Dry Cough	☑		☑		
Diuretic			☑		☑
Wound Healing		☑	☑		
Yeast Infections		☑			
Chlamydia		☑			
Vaginosis		☑			
Toothaches			☑	☑	
Anti-malarial					☑